



REFLEX INTEGRATION Level I and II Course

COURSE OBJECTIVES

Level I – Self Regulation, Attention and Anxiety

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Understand how sensory systems and primitive reflexes affect *learning, behavior, anxiety, fears, and focus.*
- ✓ Learn about two key primitive reflexes which relate to the fight/flight/freeze responses.
- ✓ Learn how to identify when crucial primitive reflexes are not fully integrated/developed by observing movement patterns and behaviors.
- ✓ Explore and play with hands-on tools to help integrate primitive motor patterns that are interfering with physical, social, and emotional development and learning.

Level II (Prerequisite – Level I) – Body Control, Processing and Learning

- ✓ Understand the relationship between reflex integration and language development, reading, writing, and so much more!
- ✓ Learn about and explore additional key primitive reflexes which cause stress in the central nervous and sensory systems.
- ✓ Lock in the knowledge for take away concepts and tools that can be used immediately!
- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Take home a Brain Fit Model Tool Kit used to implement the knowledge learned.

2020 COURSE DATES

July 20-22, 2020
November 14-16, 2020

8:30-4:30PM Daily

COURSE LOCATION

Brain Fit Academy, Inc
25 Westcott Rd
Hopedale, MA 01747

COURSE FEES

Level I only: \$190 – Level II only: \$385 – both Levels I & II: \$525

This course is taught by Amy Brewis, M. Ed, Brain Fit Coach

For more information contact us at 1-833-BFA-4YOU or BFA@BrainFitAcademy.com

