



THE 6 EMOTIONAL NEEDS

EXPLORING THE DRIVING FORCE BEHIND ALL HUMAN BEHAVIOR

Self Awareness. Balance. Harmony.

Take the next step.

To truly find balance in life, understand ourselves and those around us, it is not enough to simply identify what we believe holds importance. We must understand The 6 Emotional Needs.



Discover

Discover how and why The 6 Emotional Needs serve as built-in belief systems.



Explore

Explore how these existing belief systems can help you to achieve an understanding of yourself and others.



Learn

Learn tools that will enable your understanding of The 6 Emotional Needs to bring greater balance and harmony in your life.

"Awareness is the greatest agent for CHANGE" -Eckhart Tolle

2020 Course Dates

Friday April 24th 6:30-9:00 pm

Course Fee

\$49

Course Location

Online
Zoom link sent upon registration

This course is taught by Brianna Nicholas, Psychosynthesis Life Coach, Brain Fit Coach

To register, visit: www.BrainFitAcademy.com/courses/