



REFLEX INTEGRATION

Developing the Brain from the Bottom Up!

Level I and II Course

COURSE OBJECTIVES

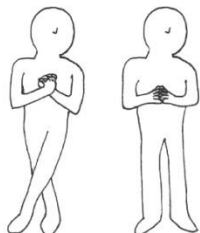
Level I

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Understand how sensory systems and primitive reflexes affect *learning, behavior, anxiety, fears, and focus*.
- ✓ Learn about two key primitive reflexes which relate to the fight/flight/freeze responses.
- ✓ Learn how to identify when crucial primitive reflexes are not fully integrated/developed by observing movement patterns and behaviors.
- ✓ Explore and play with hands-on tools to help integrate primitive motor patterns that are interfering with physical, social, and emotional development and learning.



Level II (Prerequisite – Level I)

- ✓ Understand the relationship between reflex integration and language development, reading, writing, and so much more!
- ✓ Learn about and explore five additional key primitive reflexes which cause stress in the central nervous and sensory systems.
- ✓ Lock in the knowledge for take away concepts and tools that can be used immediately!
- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Take home a Brain Fit Model Tool Kit used to implement the knowledge learned.



2019 COURSE DATES

January 18-20 – March 1-3 – May 3-5 – July 29-31 – October 4-6

COURSE LOCATION

Brain Fit Academy, Inc
25 Westcott Rd
Hopedale, MA 01747

COURSE FEES

Level I only: \$190 – Level II only: \$385 – both Levels I & II: \$525



This Course was co-developed by Pam Formosa, MA OTR/L and Christina Hayes, Mass Licensed Educator. Pam, the course instructor, owns and operates Brain Fit Academy, Inc., working with children and families who struggle with cognitive, physical, social and emotional challenges.

For more information contact us at **1-833-BFA-4YOU** or BFA@BrainFitAcademy.com