



REFLEX INTEGRATION

Developing the Brain from the Bottom Up!

Level I and II Course

COURSE OBJECTIVES

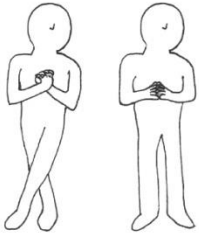
Level I

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Understand how sensory systems and primitive reflexes affect *learning, behavior, anxiety, fears, and focus*.
- ✓ Learn about two key primitive reflexes which relate to the fight/flight/freeze responses.
- ✓ Learn how to identify when crucial primitive reflexes are not fully integrated/developed by observing movement patterns and behaviors.
- ✓ Explore and play with hands-on tools to help integrate primitive motor patterns that are interfering with physical, social, and emotional development and learning.



Level II (Prerequisite – Level I)

- ✓ Understand the relationship between reflex integration and language development, reading, writing, and so much more!
- ✓ Learn about and explore five additional key primitive reflexes which cause stress in the central nervous and sensory systems.
- ✓ Lock in the knowledge for take away concepts and tools that can be used immediately!
- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Take home a Brain Fit Model Tool Kit used to implement the knowledge learned.



2019 COURSE DATES

January 18-20 – March 1-3 – May 3-5 – July 9-11 – October 4-6

COURSE LOCATION

1779 Quaker St. Northbridge, MA

COURSE FEES

Level I only: \$190 – Level II only: \$385 – both Levels I & II: \$525

COURSE DEVELOPERS

Course Developed by Brain Fit Academy, Inc. Co-Founders: Christina Hayes and Pam Formosa. Both are Developmental Specialists, with backgrounds in Occupational Therapy, Education, Emotion Code, Brain Gym® and more. They Co-own and operate Brain Fit Academy, Inc., working with children and families who struggle with cognitive, physical, social and emotional challenges.

For more information contact us at **1-833-BFA-4YOU** or BFA@BrainFitAcademy.com

